The Working Mind for Oral Health Leaders



Thursday, September 19th 09:00 - 17:00 ET

To register please email <u>info@cdaa.ca</u> no later than Thursday, August 22nd.

Cost:

\$50.00 for CDAA Members \$100.00 for non CDAA Members

Space is limited, please register now.

Presented by:



MENTAL HEALTH COMMISSION OF CANADA

Why Choose The Working Mind for Your Organization?

- **Mental Health Literacy**: Understand the nuances of mental health and illness, recognizing early signs in yourself and others.
- **Stigma Reduction**: Our evidence-based programs are proven to combat stigma and cultivate a supportive atmosphere for those facing mental health challenges.
- Adaptability: Our courses are available virtually and in-person and can be tailored to meet the specific needs of your organization.
- **Trusted**: Opening Minds programs are developed in partnership with the Mental Health Commission of Canada and are scientifically proven to deliver desired outcomes.
- Results Driven: Psychological health incidents are the number one cause of disability leave in Canada. TWM is proven to increase resiliency and create a healthier, more productive workplace.

